Celebrating 100 years of excellence

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April 17, 1998

The Cardinal Times

Lincoln High School · 1600 SW Salmon · Portland, OR 97205 · Volume 100, Issue 7

Petition asks for speech

By Aaron Green-Mitchell

Applications are once again being accepted for a commencement speech following a decision by Vice Principal John Vingelen April 12. The reconsideration was prompted by a petition drive organized by seniors Emily Cordo and Allison Duren-Sutherland. The petition, which gained 168 signatures, asked for the re-opening of the selection process following the rejection of the sole speech entered in exchange for a musical act.

"It's our commencement," argued Duren-Sutherland. While she believes that the two speeches already planned are appropriate, "It would be a different point of view," she said. Both of the previously approved speeches are by members of student council.

While the petition's backers are pleased with the results of the effort, others are not. "Why is such a big fuss being made about the speech?" asked Kevin Cunningham, junior. "Why not over the musicians who didn't make it?"

A new selection committee will be set up to make the final decision on the third speech. It will consist of two teachers who teach senior classes, Vingelen, and both the student body president and Senior Class President.

The previous selection period was announced in notices to parents and in the bulletin. Announcements are being made in senior English classes about the re-selection. "The previous committee didn't have enough people to gage the Senior Class," said Duren-Sutherland, who was pleased by the increased notice being given.

▲ **Speech!:** Senior Duren-Sutherland wants a speech at commencement.

What the petition said:

Whereas, there are only 300 students in the Senior Class, and
Whereas, only one senior auditioned for commencement speaker, and
Whereas, having a speaker outside the student body officials is a commencement tradition, and
Whereas, no seniors were included on the judging panel to determine commencement performances, and
Whereas, no teacher of senior classes were included on the judging panel to determine commencement performances, and
Whereas, only four days notice was given for applications, therefore

We are resolved that:
1. The three musical acts already chosen should be included in commencement;
2. The commencement program should be extended to include at least one commencement speech other than those of student body officials;
3. The application process for commencement speaker should be reopened;
4. The review panel should consist of two teachers who teach senior classes, an administrator, the student body president, and the Senior Class president.

Discriminatory graffiti attacks handicapped

By Ben Amster

Graffiti is something that has in recent years become a common sight around the school. It's seen in the bathrooms, on the doors, across lockers. Sometimes it's crude, sometimes it's just ugly scribblings. But when it is directed specifically at individuals, and in this case handicapped individuals, it becomes a very serious issue.

> "Students do things like this because they don't understand that we're just like them. We have the same feelings and...it hurts just as bad."
> *Allison Falleur*
> SOPHOMORE

Last Monday, junior Celeste Steiner entered the girls' handicapped bathroom to find the stalls covered in hateful graffiti.

"This is the first time in my three years here that I've seen anything like this. It was really bad," said Steiner.

The graffiti, which was tagged in two handwritings with two different colored pens, displayed a crude picture of a girl in a wheelchair, with phrases ranging from "We hate people with disabilities," to "You tried to run over me." It was washed off promptly.

Yesterday, Principal Velma Johnson sent out a message to all classes, saying she "needs our help." It addressed the increase in discrimination against physically challenged students and stated that it's "the responsibility of us all to help eliminate this unacceptable behavior."

It also says that "Intimidation of any nature is unacceptable" and "will be dealt with in the manner described by district board policy - severely."

"Students do things like this because they don't understand that we're just like them," said sophomore Allison Falleur. "We have the same feelings and same smarts as anyone else, and when something like this happens, it hurts just as bad."

Not many felt the effect of these actions more than Steiner and Falleur. They are both in wheelchairs.

Use of breathalizer would be a first

By Eric Rauh

This year's prom at the Tiffany Center could be unlike any other of the past. Along with the "Jamaican Me Crazy" theme could come the presence of a breathilizer, which would be a first in the school's long history of dances.

Recent dances, like last January's Luau, have prompted members of the faculty, parents, and student population to entertain the idea of having the device on hand to determine if certain students who appear to have been drinking are indeed under the influence of alcohol.

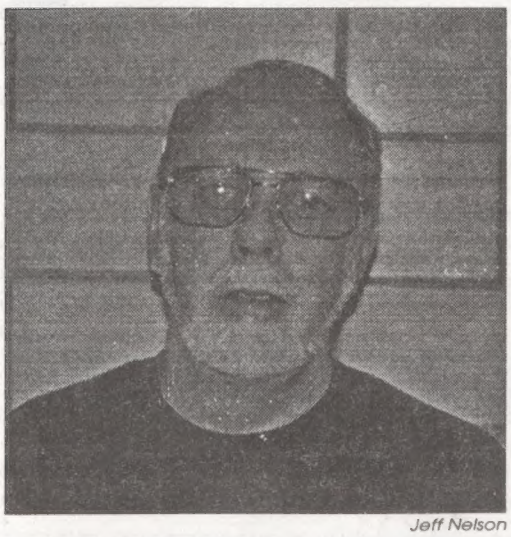
Some members of the student population have insisted that requiring individuals to take a breathilizer is a violation of student rights. The fact is, however, that this is not, because under no circumstances are any members of the student population allowed to attend school- sponsored events under the influence of intoxicants. Therefore any apparatus used to determine if an individual is under the influence of intoxicants is legally permissible.

The final decision of whether to have a breathilizer has not been made, but if it were to happen, Lincoln would be the first Portland Public School ever to use one.

"If Lincoln does choose to have a breathilizer, that would imply that the school does have a problem with alcohol," said Civics teacher David Bailey. "And I don't think we're ready for that step." In the end the School administrators will make the decision whether or not to have a breathilizer, but the chances are very slim that they will decide to do so.

"We always have a few parents or teachers calling from all different schools requesting a breathilizer but we feel that in most cases it really isn't necessary," school police officer Roger Wilson said. "There are always officers present at these dances and they can usually spot out the people who have been drinking."

Stan Parks sweeping up after 35 years



Jeff Nelson

▲ **It's over:** After 35 years and 15 buildings, custodian Stan Parks will retire this year.

By Sarah Melton

Head Janitor Stan Parks has many years with Portland Public Schools under his belt, 35 to be exact, and he ends this year with retirement. Since his start during his senior year at Marshall High School as a part-time custodian he has been in 15 different buildings in Portland.

Though his career has been a long one,in which his last day is June 30, he isn't going to be slacking off in Florida. He plans to continue working, in another field.

"I'm somewhat of an inventor, and that's where I'll concentrate my talents," Parks says. He currently has two inventions in the works, a cue stick holder for billiards, and a contraption that will, "make it easier for [boaters]," which is all he would say.

Parks has seen many things in his work at Lincoln, his stories mostly consist of clueless students.

"Their minds are on something else, and the don't realize what they're doing," he says.

Teachers may have a lot on their minds, due to the fact that class sizes are getting higher, but that's nothing compared to the losses of the janitorial staff.

"They've cut one third of my staff," he says and what janitors need is "more help."

Though janitorial staff has been cut severely, they still seem to do a good job. That or the students are picking up after themselves.

Parks says of the mess in the halls "the mess is getting better this year."

It's Under Way

Jeff Nelson

▲ **The work has begun:** A construction group tours the building on Thursday. They will eventually install major earthquake reinforcements and a new elevator.

CARDINAL shorts

NCTE awards

This year's nominees for the National Council of Teachers of English Achievement Awards in Writing are Jonathan Schwartz and Shoshana Krall, juniors. The two students were selected from more than 20 other juniors who wrote in October on the topic of "Becoming insensitive to violence."

On April 8, Schwartz and Krall wrote on the additional topic of either "Use of the internet" or "Funding of the arts." That essay, along with 10 pages of prepared writing, will be sent to the National Council for judging.

Last year, Oregon won 10 National Achievement Awards in Writing, including one given to senior Rachel Berger.

Journalist recognized

Senior *Cardinal Times* staffer Amy Jennaro has been selected to attend the Washington Journalism Conference in Washington D.C. from April 21 to April 26.

Along with 350 other high school journalists, Jennaro will participate in more than 20 seminars and several hands-on workshops with some of the nation's top print, radio, and television journalists.

"It going to be amazing working with people whose profession is journalism," said Jennaro. "This is the type of experience that you just can't get in the classroom."

Tree removed

The old black walnut tree on the east lawn received a trim April 8. The General Tree Service company donated its services to prune the tree for Arbor Day. Terry Flanagan, tree development manager, chose the tree because it is a "heritage tree," and it needed a lot of work. The "heritage tree" program, administered by the city, selects trees for protection based on age, historical significance, and rarity of the species. The black walnut tree on the lawn has been around since before 1900.

The pruning crew estimates that it removed 10-15 percent of the branches. All the branches that were removed were dead, diseased or growing in a manner that would be destructive if left alone. The crew also removed old steel cables that were put there to direct and support growth of some of the big branches. Due to branch growth, the cables broke and it was necessary for them to be removed. Later, General Tree Service crew will return and place new cables where they are needed.

Speech at State

The speech and debate team is in the middle of its final tournament this year, the State competition at Portland State University. Lincoln qualified 28 competitors from District 13, giving it one of the largest delegations in the competition.

The team hopes to topple defending state champion Ashland. Lincoln came within one point of beating the school last year. "It would be great to beat Ashland," said coach Mike Groff. "That's my dream for this year."

Lincoln has also qualified six competitors for nationals competition: Brian Simmonds, Emily Cordo, Marissa Isaak, Anna Campbell in Serious Interpretation and Dual Interpretation; and Lauren Costley, and Rebecca Allen in Student Congress. Campbell and Costley, however, will not be able to attend the competition this summer.

GHB: THE UNKNOWN DRUG

With the latest use of this mysterious drug, The Cardinal Times takes an in-depth look at GHB.

Students found unconscious

By Amy Jennaro

Before Tuesday, gamma hydroxybutirc acid had been just another drug; something that some students were involved with and others hadn't even heard of.

But with the near-fatal experience two Lincoln students had with the substance last Tuesday, it has marked its place in the school landscape.

The students were found unconscious off Lincoln grounds by school authorities during class hours. School nurse Mary Johnson was brought in to help with the situation and 911 was called.

"I provided an assessment and vital sign monitoring," said Mary Johnson, of the help she supplied.

In the past week, the students have made a full recovery, but attention has begun to focus on the drug and how students and staff will deal with it in the future.

GHB is a depressant that was formerly used as an anesthetic before it was found to be dangerous. According to Johnson, people who use it become delirious, drowsy, and have seizure-like conditions. High doses of GHB can lead to coma and even death.

"The drug is new to the Portland area," said Mary Johnson. She added that use of the drug has already led to one teenager being put on a respirator.

It is situations like these that have led Principal Velma Johnson to take a more active role in educating students about the potency of the drug. "I think in terms of moving forward, we just want people to be aware," she said.

That awareness also involves students realizing that using drugs comes with consequences.

Although Administrative Vice Principal Ken Fong declined to comment on what disciplinary action he will take against the students, he did say that the guidelines in the Student Handbook on drug and alcohol use will be followed.

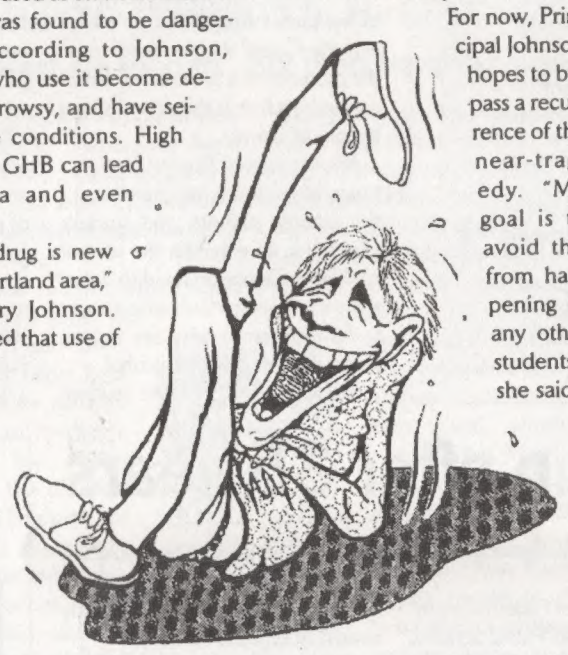
The handbook states that first-time offenders "may be suspended for up to five days or be required to perform up to eight hours of community service."

More serious offenders could be expelled.

For now, Principal Johnson hopes to bypass a recurrence of the near-tragedy. "My goal is to avoid this from happening to any other students," she said.

Jeff Nelson

▲ Nurse, Mary Johnson: was one of the first on the scene to offer aid to the students who used GHB.



All artwork taken from GHB Central web page, and illustrates some of the effects of GHB

GHB: Fast Facts

The emergency situation last week involving two students who used the anabolic steroid GHB has focused attention on the substance and how widespread the use is. Here is the breakdown:

New York and Texas: States in which GHB use is most prevalent.

27: Number of states GHB use has been documented in.

1991: Year that GHB became illegal.

10: Number of documented deaths due to GHB.

69: Number of acute poisonings in New York and Texas attributed to GHB.

0.75-1.5 grams: Dosage of GHB suitable to get high.

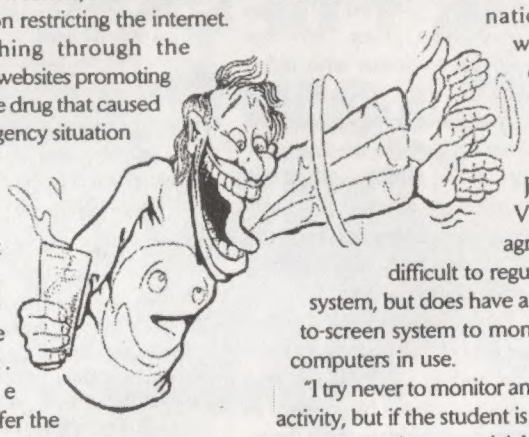
2.5 grams: Dosage of GHB sufficient to force sleep.

A recipe for trouble available on the net

By Amy Jennaro

Since the installation of the internet at Lincoln a year ago, a wealth of information has been made available to students. The majority of this knowledge is noncontroversial but some of it, including pornography, hate literature, and pro-drug websites, have focused attention on restricting the internet.

Searching through the internet, websites promoting GHB, the drug that caused an emergency situation for several students last week, can easily be found. Home pages offer the drug for $200. One website proclaims: "We hope to have so many Americans enjoying the benefits of GHB...that it will be completely legalized."



It is information like this that has caused many parents, teachers, and administrators to demand regulation of the internet. But according to Gary Scheel, communications analyst for Portland Public Schools, that is nearly impossible to do.

"We can't put a total filter on (the internet)," he said. According to Scheel, most restriction on the internet involves security issues such as students accessing files on other computers in the district.

Scheel authored a 20-page official document on acceptable use of the internet. In the work, Scheel says students "will not use the network to access material that is profane or obscene, advocates illegal acts or advocates vio- lence or discrimination towards other people."

Librarian Jenny Vaught agrees it is difficult to regulate the system, but does have a screen-to-screen system to monitor the computers in use.

"I try never to monitor any e-mail activity, but if the student is looking up inappropriate material, I will talk to them," she said.

In the future, Scheel plans to install a filtration system at the district level but has not received the okay from the central administration to do so. The district has yet to decide on the plan and Scheel does not know when the decision will be made.

But computer teacher Dick McPartland sees a simple alternative to internet filtration. "There is an internet agreement," he said of his classroom policy. "Students will self-censor."

council watch

Memorandum composed by:

Amy Jennaro

Here are some of the highlights from the new student constitution which will be voted on in General Assembly next Wednesday.

"The purpose of the Associated Student Body is to act as an advocate for the students of Lincoln High School, promote student involvement in school activities, represent students to the surrounding community, and organize activities to benefit the student body."

"Commissioner of School Affairs: It is the duty of the Commissioner of School Affairs to serve as a liason between the ASB, the administration, and Site Council to represent the interests of the Student Body to these groups."

"Trial Offices: A new position can be created on a one-year trial basis with a three-fifths majority vote of the Executive Council. The holder of such a position is a non-voting member of the Executive Council."

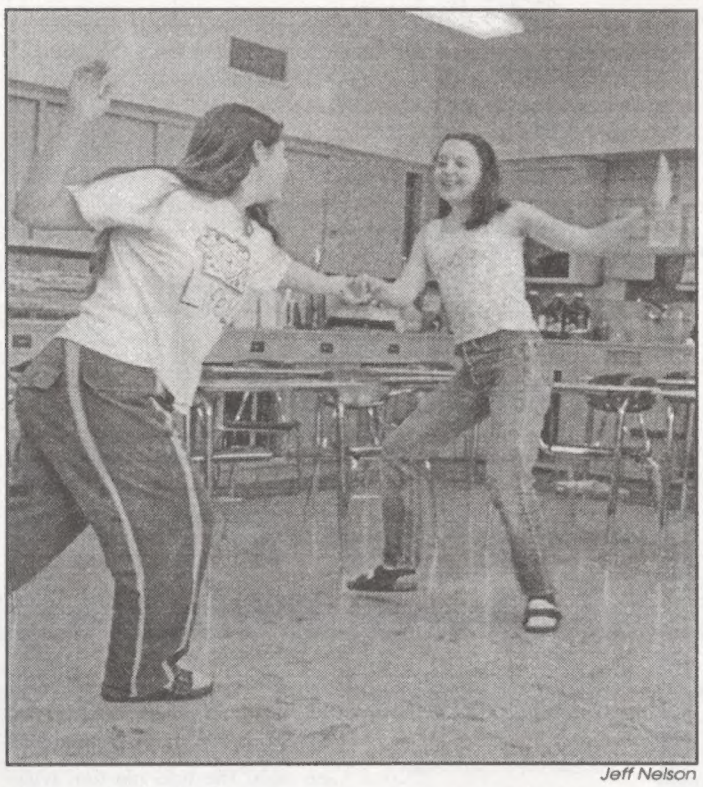
"Attendance: An Executive Council member who is absent without an excuse for five days or more in any given quarter is subject to review by a committee appointed by the Executive Council and removal from office."

"Students can force a Student Body referendum on any action of the Executive Council or General Assmebly by presenting a petition signed by one-seventh of the student body to either body."

"The Bylaws can be amended by a two-thirds majority vote of the Executive Council and General Assembly."

Swingers revive big band era

By Liam McGranahan



Jeff Nelson

▲ **Student Swingers:** Club members Jenny Miller, junior, and Maria Svart, senior dance it up.

Get out your zoot suit and dancing shoes, because the Swing Club is going strong. This unique club listens to, talks about and teaches Swing.

Every Friday at lunch in the auditorium hep cats from all over Lincoln join to eat, talk and learn such dance steps as the Lindy hop and the East Coast swing. Presently the club has about 20 members. "We love new people," says co-president Jenny Miller.

People should not be intimidated if they do not know how to swing,she added, because the club will teach them. A newsletter of upcoming dancing opportunities and classes is handed out at the meetings.

The club also holds lessons on Saturday mornings in the cafeteria. The lessons cost $36 for six weeks of instruction with professional swing dance instructors. Students from Lincoln, Grant, Catlin Gable, O.E.S., St. Mary's, and Hudson's Bay participate in the sessions. The next class will start in about two weeks. For more information talk to Miller.

Outside of school the club meets informally every Sunday night at the Crystal Ballroom. "It is a whole lot of fun," says Miller.

CDs to swing to

1. Indigo Swing
2. Cherry Poppin' Daddies: *Zoot. Suit Riot*
3. *Songs that Won the War. Swing*
4. Glenn Miller
5. Cab Calloway

Alumni reflects on CT experience

By Amy Jennaro

Little did Matt Groening know that the characters he created while he was president of the Komics Appreciation Club at Lincoln would be the inspiration for the most famous cartoon family of the decade: "The Simpsons."

"I've been cartooning all my life. I cartooned in class when I should have been paying attention," recalls Groening, Class of '72.

According to Groening's mother, Marge, however, he was not a problem child at all. "He was not hyperactive," she said. "I thought he was sweet; real good company to have around."

Despite the fact that he had been cartooning for so long, it wasn't until he entered high school in 1968 that Groening started to see the potential for a successful career. "My experience at Lincoln provided an on-going inspiration for me," Groening said.

In his junior year, Groening joined the staff of *The Cardinal Times* and gained recognition for cartoons he did for the newspaper. He also wrote an ongoing feature about the adventures of high school freshman Ace Noodleman.

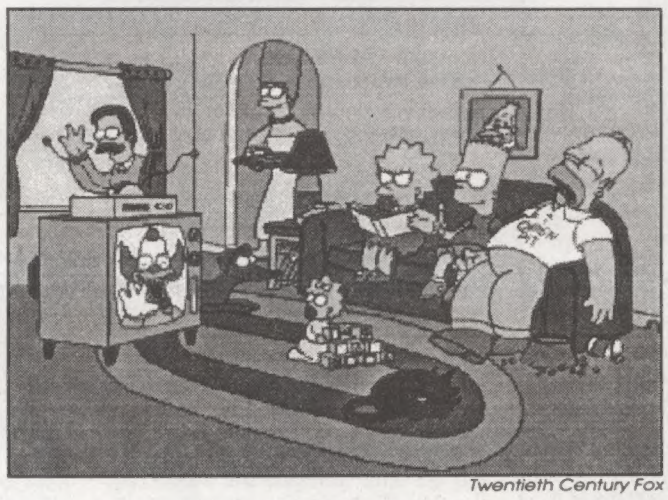
Groening also had a kinetic relationship with the journalism adviser, David Bailey. "His politics were conservative and mine were just the opposite," said Groening. But he added that Bailey was "a fair opponent."

According to Bailey, "What I admire about Matt is that despite all the acclaim and success that came to him, he has never allowed it to compromise his basic values."

Besides the newspaper, Groening was also student body president his senior year, after winning under his own political party, Teens for Decency.

In addition, Groening wrote poetry for Polyglot. "My friends and I submitted pure jibberish just to hear it read out loud [at the selection meetings]," he recalled. "We thought that was so funny."

After graduation, Groening attended Evergreen State College in Olympia, WA and then moved to Los Angeles where his comic strip, "Life in Hell," took off after appearing in weekly papers. That led to cartooning jobs for "The Tracy Ullman Show" and finally to the successful series "The Simpsons."



Twentieth Century Fox

▲ **Don't have a cow, man:** TV's "The Simpsons" relaxing.

Despite that Groening named some of the characters on the show after family members, his family has taken it well. According to Marge, the fact that the mother on "The Simpsons" is named after her, "doesn't cross my mind very often, but for some reason people can't accept that it is a cartoon." In the future, Groening wants to continue cartooning for books. His previous works include "Life is Hell" and "School is Hell." He no longer owns the rights to "The Simpsons" and sees his books as the last thing that is truly his. When his mother asked him recently whether he would ever stop doing the "Hell" series, she said his response was simple: "never."

Spring Fashions

By Liesel Kiel

Whether or not lying on the beach or scoping out the latest clubs in town, it's time to box up the winter wools and check out what's new in spring fashion.

From Paris runways to Savvy in Nordstroms, there's no lack of color for women this spring. "Hot colors are any shade of pink, whites, or colors of the ocean (blues and purples)," said Savvy employee Nicky Retz. Vibrant prints are a must this season. Custo, a new line of shirts from Barcelona, offer psychedelic prints at $50 a piece. The emphasis this spring is comfort; anything from capri pants to Hardtail active wear, "the hottest look in L.A," said Retz. From a $30 short wrap- around skirt to $42 loose- fitting pants, Hardtail's ribbed cotton fabrics are perfect for a day at the beach.

When the sun sets, there's no reason to be left in the dark. Vibrant reds and blues can linger far into the night with Bisou Bisou's spaghetti strap dress ($68) or Betsy Johnson's floral print slip dress ($128).

As women's clothing brightens up, men's clothing tones down. Light yellows, blues and greens place an emphasis on comfort that can be seen in all the department stores. From J. Crew's surfer cargo shorts to an evening's suede jacket, "anything kind of goes this season," said Retz.

Whether traveling across the globe or hanging out downtown, "the most important thing this season," said J. Crew employee Christine Wilde, "is to dress like you're ready to have fun."

Musts	Faux Pas
1. Vibrant or ethnic prints	Mixing wools and silks
2. Capri pants	Dark socks with shorts
3. Drawstring pants and skirts	Knee-length skirts
4. Hooded shirts	All black
5. Bright colored button shirts	Women's "boy cut" swimsuit bottoms

ON THE SIDE

Mr. Lincoln

Senior Alex Clay triumphed at the Mr. Lincoln competition held last night. The seven contestants; seniors Carson Maxted,Ted Dervin, Ramon de la Cruz, Davin Sweeney, and Alex Clay, sophomore Tony McCallum, and freshman Jeremy Munro competed with enthusiasm in three categories: swimwear competition, the talent competition, and the impromptu interview competition, ending with a reproduction of *The Full Monty*.

While waiting impatiently for the coronation of Mr. Lincoln, the audience was entertained by The Rolling Stone's return to Portland as junior Mateo Bevington gave a surprisingly good interpretation of "Miss You," complete with a Mick Jagger wig.

'Comedy of Errors'

Drama is on a roll again, with its first Shakespearian play in seven years.

To help the students tackle the difficult Shakespearian language, drama teacher Jim Peerenboom charge, invited two guests to help give the 24-member cast an "understanding of the vocal and physical demands of this type of play."

Assistant director, junior Elaina Ellis, described the Comedia del Arte, a theatrical style that uses masks, as a play having "really big physical humor."

The play is about two sets of twins. One set, played by sophomore Tony McCollum and junior Monica Saito, is acting as the servant to the other set, senior Ted Dervin and junior Paul Suzi.

The reason for the name: the "Comedy of Errors," roots from the two sets of twins being commonly mistaken for one another in the city they live in.

Opening night is April 30.

Voice it

The Lincoln Singers were critiqued at Roosevelt on March 17, with good results. The judges were impressed with the choir's ability to project as well as it did, compared to larger choirs which consisted of 100 members. The choir has 22 members conducted by Amy Dethman, who is also a conductor for the Portland State University women's choir. The Singers are preparing for the upcoming Spring Concert on April 21 in the auditorium. "I think as a first-year choir in comparison to other schools, we did really well," said junior Ian Dunlap.

The Spring Concert is also featuring the Lincoln band and orchestra. The choir will be singing five songs, such as a Latin song, *Ave Verum Corpus*, by Mozart.

Calendar

April

17-30	ISC senior seminars
17	Coffee House
18	Junior and senior prom at the Tiffany Center
21	Band, choir, and orcherstra concert
22	2-HOUR LATE OPENING
23	Obo Addy concert
24	Bring your son/daughter to work day
28	Class elections

A boozeless prom

Don't drink and drive before saturday's dance

Prom. Just the very word inspires images of satin ballgowns, french twists, tuxedos, limos and... alcohol?

While all of us want to have a good time at the prom, drinking and drugs need not be involved.

Who wants to be dancing in vomit or getting slammed by flying arms and legs because of people who can't control themselves?

> "The last thing we need is to see a Lincoln student, or any student, hurt due to one of these accidents."

Some students may think it's fun to drink before they go somewhere, but *The Cardinal Times* appeals to people's conscience. Please don't drink before the prom.

If not for yourself, for the respect of the other people there. Not to mention that the Tiffany Center doesn't belong to any student. Have respect for other people's property.

As for drinking and driving, don't. We have all seen the effects of alcohol-related accidents. The last thing we need is to see a Lincoln student, or any student, hurt due to one of these accidents.

If you aren't thinking of your own safety, think of the safety of others and leave the alcohol alone.

Roles reversed

"Take Your Son or Daughter to Work" day occurs on April 24. We commend this effort to get students involved in the business community, but what if one year the roles, were reversed? What if one year, we had a "Take Your Businessman or Businesswoman to School" day?

> *The Cardinal Times* extends an invitation to the business community.... What if, for one day, the city's prominent business leaders sat side by side with us in the classroom, and saw what things are really like?

What if, for one day, the city's prominent business leaders sat side by side with us in the classroom, and saw what things are really like?

If this was to happen, maybe they would see our situation in a different light. The most powerful educator is experience. After a tour of the troubles we face, would the business community still favor profit?

The Cardinal Times extends an invitation to the business community. You've taken your child to work before. This time, let your child take you to school. See how things are here. Maybe you'd see that we really do need more books, or that our classrooms are getting cramped. Would Bill Sizemore's rhetoric carry as much weight, when you saw the impact it has had?

And for those who voted for propositions such as Measure 47, would your company's wallet still be more important than this community's future?

'Senior Slump'

Every year an editorial is written chastising seniors for the so-called "Senior Slump." Seniors are blamed for their lackadaisical attitudes toward school during the last quarter of the year.

But why shouldn't seniors slump the last quarter? After all, they're entitled to a rest. They've been working diligently for three-and-a-half years. During their junior and senior years, they've faced the nerve-racking tasks of taking, in some cases, two PSAT tests, two SAT tests, two Achievement tests, and a Merit Qualifying test.

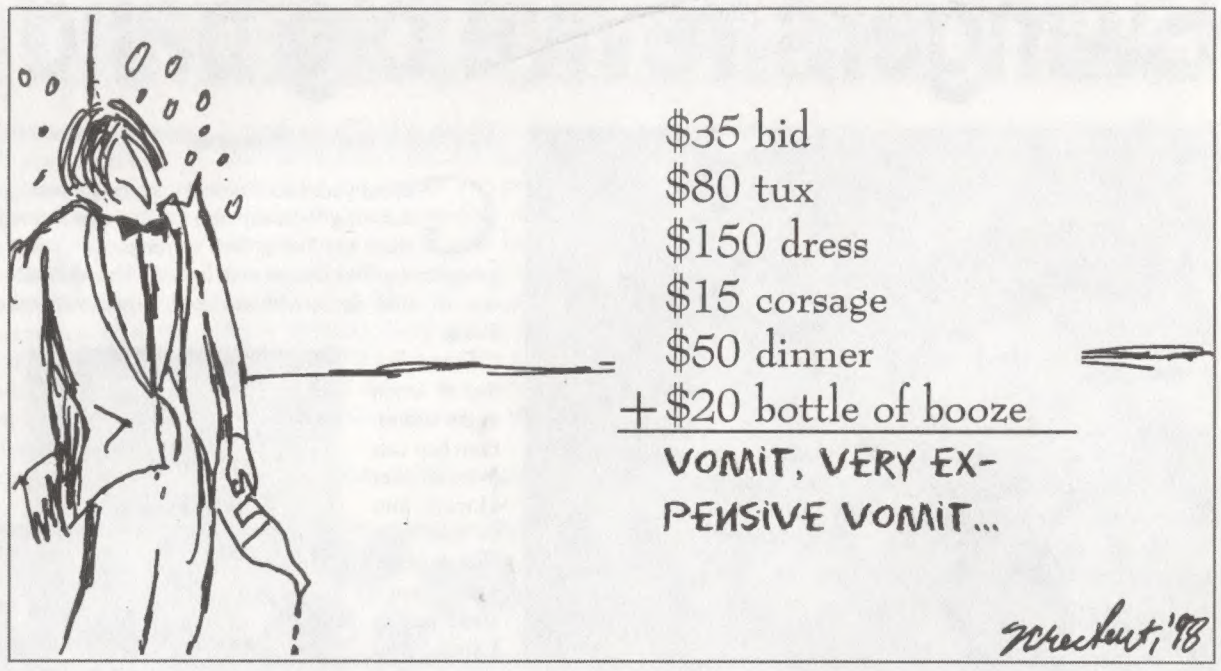
In addition, they've spent many laborious hours poring over college catalogues and filling out the applications. All of this has been in addition to the normal homework. The pressure has been tremendous.

Many argue that seniors should wait until the end of the school year before they begin to take things easy. But for many, this is impossible. The burgeoning costs of a college education make it necessary for most students to work all summer to help defer their impending educational expenses. Thus, little time is left for relaxation.

One must also consider the fact that the final quarter of the senior year is the last time many seniors will have to rest during the remainder of their lives until they finally retire. For after high school, graduates face either college, graduate school and a professional career or immediate military service followed by the world.

Seniors have earned this brief interlude in an otherwise work-filled existence. It's too bad teachers, college admissions people, future employers, and parents don't agree.

~April 21, 1967



Depression is hard to overcome

I moved when I was in the middle of sixth grade, and for about a month I had no friends. I didn't mind, though. I was getting used to my new house, and I was spending a lot of time with my other friends from my old school. Then one day my English teacher moved me to another table.

This is where I met my new best friend. She and I used to write poetry until the late hours of the night. We drank lots of Diet Coke, and ate a lot of fat-free cheese chips. We played Monopoly for hours, and we couldn't be separated.

One day she met this new girl who had just been kicked out of the "in" group at school. My friend felt sorry for her, and they were fast friends. Soon I discovered that she no longer wanted to spend all her time with me, and when we did do things together, her new friend was with us. I understood that it was just that period of time when friends first meet and they want to spend all their time together. I went through that with her, too.

So I just stood back, and let her have her space.

At the beginning of the next year, she and the other girl were still friends, but they weren't together all the time anymore. Instead the other girl was hanging out with her more popular friends again.

One day my friend called and she was crying. She said that her new friend told her that she "didn't want to be friends anymore." I assumed this was because the girl had decided that she was going to be popular again, and didn't want her "loser" friend anymore.

Sarah Melton

I thought, "Sure, my friend is going through a tough time, but time will heal things." But instead of getting better, she got worse.

She started telling me about how depressed she was, and how she could never feel happy anymore. She told me about how she felt her life was over. Then she began speaking of the suicide notes she wrote every night.

I didn't know what to do, and I was scared, but I didn't know if she was trying to get attention, or she was actually serious. One night she told me that while she was making a salad, she had held the electric knife to her throat, but that she couldn't take her life. I got so scared that I went to the counselor at our school the next day. I told her everything. I couldn't keep this inside me any longer.

The next period, my friend was called out of class. She came to me at the end of the period and demanded I tell her why I had blabbed. I started crying and told her that I was really worried. She gave me a hug, and she told me that she wasn't going to do it, and that she had never planned to do it.

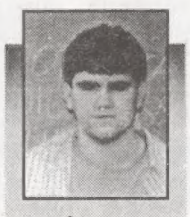
Her case turned out fine, but I urge you to make good choices when dealing with friends who are depressed. They are in need, and most of the time they just want some recognition and help for their problems.

If you think any of your friends are anywhere close to committing suicide, or might even be thinking about it, make sure you talk to them and get help, even if you aren't sure they are serious.

Students experience 'Malady' and 'Malaise'

Struggling to get fewer incompletes on your report card than B's and C's? Do you have a better attendance record at Boyd's than in sixth period? Having trouble finding the relevance in the 8:20 bell? Do you think watching "Ferris Bueller's Day Off" for the 20th time sounds better than working on your month-old English paper? Then maybe you are suffering from that seasonal sickness that strikes the motivational and planning processes of college-bound seniors every year: Senioritis. It is also known as Procrastination and Apathy Senior Syndrome, or PASS, as in that's all you have to do.

This debilitating disease strikes hundreds, and is highly contagious. Onset varies from case to case. Some become infected in September, while others resist until they receive a letter in the mail in early spring. Still others seem completely immune.



Jesse Halsted

"While it has been described as a scourge, an epidemic, even a socially transmitted disease, there are other elements to it," said anthropology teacher Mike Sweeney. "First, we lack clear rites of passage. Second, students begin to realize they are not going to see their friends due to the great college diaspora. This creates a feeling of personal loss and social dislocation which needs to be taken into account in a full diagnosis of the malady and malaise that is senioritis."

(And he wonders why people fall asleep in his class.)

There is no known cure for this disease, but rather a point where the symptoms no longer cause problems. This point comes when the phrase is read: "It gives us a great deal of pleasure to inform you of your admission for the fall semester. Please accept our congratulations, and we look forward to seeing you on campus."

Thumbs up to:

- Seniors! Only 28 school days left!!!!!
- Prom: Party down tomorrow night, but try to do it sober.

Thumbs down to:

- Students vandalizing the handicapped restroom. One more time: Grow up.
- GHB: We don't think that's the way to reduce enrollment.

You tip the moose:

- Re-opening the commencement speech process: Sure we all like a good speech, but what about the musical acts?

The Cardinal Times

Celebrating 100 years of excellence

The Cardinal Times, the oldest high school newspaper west of the Mississippi, is published by the student body of Lincoln High School, 1600 Southwest Salmon Street, Portland, Oregon, 97205. Letters to the Editor may be submitted to Room 124 or Mr. Bailey's box in the main office. Printed by Nickel Ads of Portland. Subscriptions are $10 per year. Copyright 1997. All rights reserved.

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Re-enacting the glory of years past

The year is 1863, and two great armies meet on a field of battle. The Southern cross waves in the wind as Robert E. Lee's Confederate army invades Estacada. Is this a massive rewrite of history? No, this is Civil War reenacting.

Some people consider this a glorification of war, but the people who participate in the living history encampments consider it a rememberance of those who fought and died for the future of America.

James Nelson

The Northwest Civil War Council has formed the Federal Army of the Potomac and the Confederate Army of Northern Virginia. The encampments begin in late April and end in September with the big event at Fort Stevens State Park.

Walking through the camps of the blue and grey is like going back to 1863 in the midst of the United States' greatest struggle.

Sometimes participants will dress as famous generals. Meeting General Lee will be a thrill for history buffs. Infantry and cavalry are represented at the company level, although there are about 20 men per regiment.

The artillery is represented at the battery level. Due to the expensiveness of the cannons and the fact that they are donated by private citizens, there is about one gun per battery.

No one participating in the reenactment is a professional actor. All that is required is a passion for history.

Twice-a-day battles are held on a large open field.

The smell of the smoke, listening to the battle cries and the field band, while the generals shout orders brings the scene to life, and the thunder of hoofs will give both soldiers and citizens an adrenaline rush.

Not all reenactors are soldiers. Citizens, spies, surgeons, clergy, musicians, and camp followers are represented, as well as suttlers (merchants), blacksmiths and photographers.

In short, there is something for everyone here, including regiment sporting events. The first encampment this year will be held at McIver Park April 25 and 26. Find schedule information at www.mollala.net.

James Nelson

▲ **Preparing for battle:** Federal troops prepare for battle at Fort Stevens State Park.

Jeff Nelson

▲ **Evian or naive:** Who would have thought that these drains would've been clogged with acidic materials. But then again, who's suprised?

That dark drink

Ever notice a funny taste to school water? If not, maybe you don't drink out of the right fountains.

"It has come to my attention that the second floor drinking fountain at the SW corner of the building has a backup of acidic water," read an April 9 memo to teachers from Principal Velma Johnson.

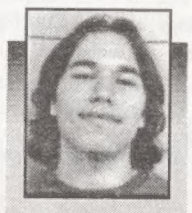
According to the memo, a custodian was attempting to unplug the drain and discovered the backup. District plumbers were called out to fix the problem.

The cause of the acidity, the memo suggested, was science students inappropriately disposing of chemicals in the drinking fountain.

And at the bottom of the memo was this note: "Staff: Please alert all students of this problem."

I received the memo from a concerned classmate who, like myself, had heard nothing about the incident. And so I ask the following: Why weren't students informed about the chemicals that were present in their drinking fountains? One teacher's response: "I told one class, and if all teachers tell one class, we've pretty much covered the whole school."

The problem here is that with many students out of class for various reasons each period, this method is bound to miss someone. How to know which students haven't heard the message? They'll be the ones collapsed with spasms up by the library.



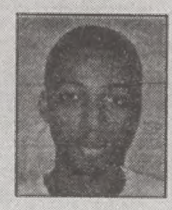
Aaron Green-Mitchell

Voices in the Hall

What role should student government play in the lives of students?

"They should make different spirit days, because the ones that they have now, people aren't dressing up to."
Jenny Rasmussan, *freshman*

"They should be models for students but still be down to earth."
Zach Bucharest, *senior*



"They should make it seamless so that we don't really know that they're there."
Jason Matthews, *junior*

"It shouldn't play any role other than a hollow shell in which to practice politics."
Mateo Bevington, *junior*

"They should come up with more interesting assemblies."
Caitlin Cushing, *freshman*

"To give the students opportunities they wouldn't normally have to better serve their community."
Davin Sweeney, *ASB president*

First blood ...and we're drawing it

These should be student government's top priorities next year

GENERAL ASSEMBLY

It was like a miracle when enough members showed up to General Assembly to be able to vote on April 15. But the Assembly is not a joke; it has the ability to veto anything Executive Council does, and is a powerful tool for the students. It is essential that greater interest in G.A. be kindled.

CAMPAIGN PROMISES

You said you'd do it... Now pay up. Countless promises are made in campaign speeches every year in both school and national politics. Nearly none of them are delivered. *The Cardinal Times* challenges next year's cabinet to break the mold and set a new precedent: A precedent of integrity.

CONSTITUTION

We try, but we can't make this issue go away. And in reality, it shouldn't. Regardless of which proposal is selected, it won't be perfect. Amendments will almost certainly be necessary, and it will be the responsibility of the cabinet-elect to spearhead the reform of the document which will redefine the 30+ year-old system.

COMMUNICATION

The most important thing that student government must focus on is communication with the student body. The cabinet will never move past planning dances if it does not maintain a constant vigilance on student opinion. It is worth nothing if it is not of, by, and for the students, and that can only be achieved if the Council is in touch with the students.

League Standings

BASEBALL	W	L
Madison	7	0
Grant	6	1
Lincoln	5	2
Roosevelt	5	2
Cleveland	4	3
Franklin	3	4
Marshall	2	5
Wilson	2	5
Benson	1	6

MEN'S TENNIS		
Lincoln	5	0
Benson	5	1
Grant	5	1
Roosevelt	4	3
Wilson	4	2
Cleveland	3	4
Franklin	2	4
Marshall	2	4
Madison	1	6
Jefferson	0	6

MEN'S TRACK		
Benson	3	0
Franklin	3	0
Cleveland	2	1
Wilson	2	1
Grant	2	1
Lincoln	1	2
Madison	1	2
Marshall	1	2
Jefferson	0	3
Roosevelt	0	3

MEN'S GOLF		
Benson	3	0
Franklin	3	0
Cleveland	2	1
Wilson	2	1
Grant	2	1
Lincoln	1	2
Madison	1	2
Marshall	1	2
Jefferson	0	3
Roosevelt	0	3

SOFTBALL		
Franklin	7	1
Wilson	6	2
Benson	6	1
Madison	5	2
Marshall	5	2
Lincoln	4	4
Cleveland	4	3
Grant	3	5
Roosevelt	3	5
Jefferson *	0	18

*Jefferson dropped varsity

Cardinals dominate track

By Joe Streckert

Cardinal runners prepare to spring into action on April 22 against Benson, with a string of success for the women and a mixed bag for the men. The teams have experienced some turbulence in the temporary loss of 17 athletes because of ineligibility. "I've lost talent," said head coach Benita Lloyd, "but the girls should still be okay."

In the City Relays on April 8 and 9 at Madison, the Cards came in third for the women and seventh for the men. Yesterday, the women's team beat Franklin and the men's lost. Key performers included juniors Sarah Ewing and Taylor Stevenson in the sprints, senior Annie Davis, who is the defending 800-meter champion, and junior Hilary Baker in the hurdles.

For the men, significant performers have included senior Jacob Oken-Berg for 800m and 1500m junior Josh Seaman in the pole vault, and hurdler Jeff Starr 110m high hurdles yesterday in a time of 16.5.

"Some of the guys are among the top in the PIL," said assistant coach David Bailey, emphasizing the presence of individual talent on the men's team, despite the 1-12 record. "The boys are much better than they were last year," said Lloyd.

The JV women remain undefeated, after beating Franklin 9-13 yesterday. The JV men also won 74-53, as did the freshman men 87-32.

Jeff Nelson

▲ **Heavy Metal:** Junior David Nelson practices throwing the shot for the meet against Franklin yesterday. He placed third with a throw of 38' 3".

What's in the Cards

Jake Oken-Berg — Track

After winning the 800-meter race at District last year, but then being disqualified, senior Jacob Oken-Berg is hoping to reclaim his victory this season. "Every time I run, it's in the back of my mind," said Oken-Berg, who also runs the 1500m, and the 1600m relay. "I run the 1500 to build up stamina for the 800 meter. If all of the members of the 4-by-400 relay run the race of their lives, we should have a chance to make State," said Oken-Berg.

Until his junior year, Oken-Berg played basketball. He also ran cross country all four years at Lincoln. In addition, he plays on the "Snatch Monkeys," a team in the Lincoln Ultimate Frisbee league.Oken-Berg was a member of the '96-97 Constitution Team, and continues to follow current Supreme Court cases.

He composes songs, and currently is working on a piece for the piano, violin, and cello to be played at commencement. "I've always wanted to play a song I wrote at graduation," said Oken-Berg. "It's going to be a great experience." Oken-Berg is a member of the Senior Class cabinet, and coaches elementary school athletes through MAC Track. He will attend Pomona College this fall.

Hunt Miller — Track

While anchoring the 4-by-100 meter relay that is looking to place second or third in the district, senior Hunt Miller also runs the 100 meter, and the triple jumps.

Despite the set back of a hurt hamstring, Miller is continuing to progress. "I can see improvement every week," says Miller, who is aiming to jump 41 feet in the triple jump. Miller's goal is for the relay to reach State. He was the place kicker and cornerback for the football team, which had its best record in 17 years, and wrestled at 160 pounds. He will attend Linfield College, where he hopes to kick on the football team.

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Baseball stares down state champs

The team anticipates ending with a second or third place in the District after beating Jefferson and Benson and prepares to face down the defending state champions, Madison, this afternoon on the Cardinal Field.

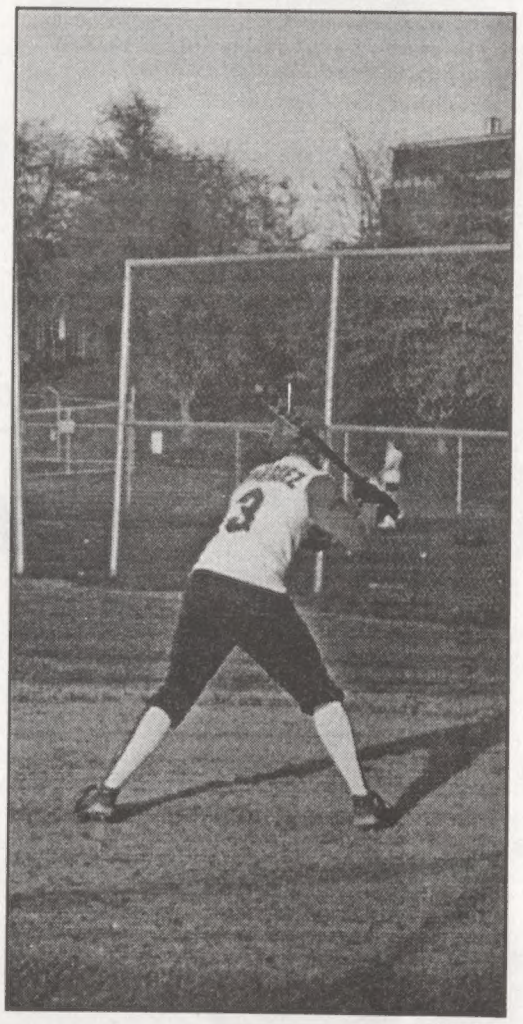
By Joe Streckert

The baseball team ventures into hostile territory this afternoon, as they prepare to stare down defending state champions, the Madison Senators. "We should do okay against them,... we should take either first or second," joked coach Mark Paul in anticipation of tonight's game. The team is coming off a two-game upswing though, after a 6-4 win against Jefferson last Tuesday and a 2-1 victory over Benson on Wednesday. Both games were away. Presently, the varsity team's record is 5-2 and third in the PIL along with Roosevelt.

> "We should take either first or second..."
>
> *Mark Paul,*
> BASEBALL COACH, ON THIS AFTERNOON'S MADISON GAME

Top players include seniors Pat Goodman, the winning pitcher in last Tuesday's game against Jefferson, Ty Miller, winning pitcher at the Benson game, and juniors Jonathan Davis and Chris Curtis.

Lincoln host Madison today, and plays Roosevelt at Lincoln on April 21. "I'm looking forward to beating them," said Paul, who anticipates good results from the game. "We always have good games against Roosevelt."



Jeff Nelson

▲ **In full swing:** Senior Carson Maxted practices for the Cardinals game against Madison today at home at 4:15 p.m.

Advertisement

SAVE OUR SCHOOL!

General Motors has purchased 2 economics classes and 72 students to market their cars for $1200.

Please donate all you can to buy back our school from GMC and liberate these exploited students, because what's best for General Motors is NOT what's best for Lincoln.

Make checks payable to: Exploited Students of America
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The Scorecard

Golf

- The women's golf team won the West Albany Tournament on Wednesday. It play Cleveland at Progress Downs on Monday.

-The men's golf team lost to Madison at Rose City on Thursday, and will play Benson away on Monday.

Track

-The women's team placed third at the City last Thursday, and the men's team placed seventh.

-Yesterday, the women took beat Franklin 107-32, and the men lost 92-53.

Baseball

- The Cardinals beat Benson 2-1 on Wednesday. They play Madison at home today at 4:15.

Softball

-Varsity lost to Cleveland on Monday and played Benson Thursday, and Madison Friday.

Tennis

-Both teams beat Benson on Tuesday and Madison on Wednesday. The Cards play Cleveland on April 21. The men are away and the women at Washington Park.

Need to rent a Tux for the Prom?

Come to Cromwells

Get a great discount coupon from Jacob Oken-Berg !

THE CT REVIEWS

Music

Meet the Deedles

Original soundtrack recording

★★★

By Brodie Lewis

Yes, the movie will be awful. Yes, I cringe every time I see the horrid commercials for this assured flop. And yes, the soundtrack is pretty darn good. When I opened the package to see what the record company had sent me this time, the expletives flew when I saw what was assured to be as bad as the new Disney snore. And while it's true that some of the songs (the ones written specifically for the movie) are absolutely painful to listen to, I was pleasantly surprised when I read the names of the bands on the album.

Disney has jumped on the bandwagon of companies cashing in on the music industry's new star, ska, and they have done it well. The soundtrack contains ditties by Hepcat, Save Ferris (which received a favorable review from the CT), The Mighty Mighty Bosstones, Goldfinger, and Portland's own Cherry Poppin' Daddies, who are newcomers to the Billboard 200 with "Zoot Suit Riot."

All the songs are classic examples of fast-paced ska jingles, mixing reggae, '40's jazz, and even a little punk. So if you don't mind giving Disney money because they did a good job finding music that teens like, buy this album. Otherwise, go buy all eight albims and make your own ska mix.

Television

Teletubbies

OPB, 7:30 a.m. Monday- Friday

★★★

By Liam McGranahan

Those crazy British are at it again. First the Spice Girls and now Teletubbies, the newest addition to Oregon Public Broadcasting's children line-up. The show stars four wierd-looking aliens who will surely warp children for life. The four aliens sport such colorful names as Tinky Winky and Dipsy. The aliens look like fat mimes with corkscrews coming out of their heads. In the episode I saw, the aliens dance around for no apparent reason, then a windmill starts going and videos start playing on the aliens' stomachs.

I was bored and somewhat frightened by this show, but that's probably because its target audience is one-and-a-half-year-olds.

Music

Do or Die

Headz or Tails

★★★★½

By Vanessa Bunnell

Emerging from the shadows of their competitors (Bone Thugs N Harmony and Crucial Conflict,) AK 47, Belo Zero and N.A.R.D. prove they can be in a class of their own.

"Headz or Tailz" uses the same recipe from their last record; "Picture This," with added spices that bring out the true flavor of a fulfilling album.

Do or Die's latest is perfect for cruisin', and with at least eight featured artists like Scarface and Danny Boy, you can't go wrong.

★★★★ Best ever! Worth your life savings.
★★★ Pretty darn good. Break the piggybank!
★★ Okay—Maybe worth a week's allowance.
★ Possibly worth a freshman.
♣ Free is still too expensive.

Not going to Prom?

Great. The After Hours Staff has its own ideas on what to do, and we promise that it'll be a whole lot cheaper.

By Brodie Lewis

Weekend Picks

GOOD music!!

If the thought of the type of music that the title "Jamaican Me Crazy" would entail makes you shudder, but you still want to shake your groove thing, you don't have many options, since the Crystal and the Roseland aren't opening their doors to minors this Saturday. LaLuna, however, will be hosting groups that are sure to draw respectable crowds, with cult star Reverend Horton Heat headlining, and Face to Face and the Murder City Devils opening up. The show is $17.50, which is exactly half what you would pay for one double-bid. Otherwise, there's a bunch of no-name bands in hole-in-the-wall venues and, of course, '80's dance night at the Quest, but even a prom DJ could beat that.

Since you'd just be on your feet all night anyways...

Tickets go on sale tomorrow, and the lines will probably be so long for the Robert Plant and Jimmy Page concert in September that if you pick a ticket vendor near the Tiffany Center, and wait for your tickets starting at 9 a.m., which is when they go on sale, you might be able to wave to your friends who went to the prom as they walk back to their cars afterwards.

Sounds pretty good now...

Thought $6.75 was a lot for a movie? Think of it this way: no tux, no dinner, no corsage. Possibly just a bucket of popcorn as the add-on cost. Movies new to ActIII theaters this weekend include: "Suicide Kings," a Christopher "that really scary guy" Walken thriller; "The Object of My Affection," the new Jennifer Aniston "really big crisis" flick; "No Looking Back," starring Jon Bon Jovi (he's not dried up after all!); and the all-time best private-eye movie ever, "Shaft," a favorite amongst jocks and nerds alike, both of whom like to squeal with delight when Richard Roundtree yells "Dang Honkies!" This Seventies classic is playing exclusively at The Clinton Street Theater.

Call me Addy

By Liam McGranahan

African drumming legend and Portland local Obo Addy will appear in the gymnasium from 7-9 p.m. on Thursday, April 23. The Addy concert is a fund-raiser for the International Studies Center. Cost of admission is $2 for students, $5 for adults and $10 for a family. For tickets and information call 916-5609 or send a fax to 916-2700.

The Crazy Eight

Crazy Eight quickest ways to get thrown out of the GAP at Pioneer Place. (The Cardinal Times does not endorse any of these activitie, and Brodie Lewis is solely responsible for its content.)

8. Pass out on the front counter.
7. Deliberately touch *everything.**
6. Go into the dressing room, wait for 45 minutes, and then run out into the store naked and screaming about "the birds."
5. Try and toss the hats onto the heads of the bald customers, and yell "score!" every time you succeed.
4. Beat-box and freestyle as loud as possible.*
3. Pull a Ramon (that is, walk around with a stereo hidden in your jacket that plays old jazz loud enough to be faintly heard).
2. When another customer walks out of the dressing room to show his or her companion what the trial item looks like, laugh loudly and yell that it makes them resemble a bloated hippo.
1. When the attendant asks you how you are, tackle him.

**Proven effective*

Website of the Week

By Brodie Lewis

www.servtech.com/~cernovog/index.html

It is well known that high schoolers have the worst and most depraved tastes in society, and Lincoln is no exception. With this is mind, ever the mirror of the community I serve, I looked for the unicorn in the garden, the website that would most appeal to the wholesome Cardinals of the halls of Lincoln High. I have found it, and it is known as the Truly Tastless Web Page.

This page lives up to and surpasses its name with leaps and bounds. It features such gems as nun jokes, dead baby jokes, Helen Keller jokes, sorority girl jokes, and a personal favorite, leper jokes. This is just the beginning of the most offensive list of jokes I have ever seen on one page. If you pride yourself as being a connosieur of low-brow or no-brow humor, this page is for you.

Vedder makes it better

Or, at least, he tried to. But then he quit.

When my friends and I sit around "doing nothing," I would say that a good estimate is that it takes us around an hour to do so. Sometimes it might take a little longer. But never more than four.

For some reason, when Eddie Vedder (lead singer for Seattle's Pearl Jam) does it, it takes four years. Sure, he released a couple of mediocre albums, but that's about it. For the past couple of years, he has been on a crusade against the evil imperial forces of Ticketmaster, and has just recently decided to give up, as is seen in the lyrics to "No way," in which he repeatedly sings/mumbles "Stop trying make a difference." For him, at least, this might be a good idea. Apparently he finally realized that one mumbling, flannel-clad grunger from Seattle and his seven die-hard supporters weren't going to crumble one of the largest corporations in music today.

Brodie Lewis

So why all this attention to his petty efforts, you ask? Well, as nostalgic early '90's rockers will gleefully tell you, Pearl Jam, the *"other"* great grunge band, is on tour again, after a lengthy absence from the touring circuit. And, fittingly enough, 14 of their 33 shows are promoted by, that's right, Ticketmaster itself, proving once again that the earnest attempts of Vedder have accomplished, well, squat.

But enough about the man and his mission. Pearl Jam are on tour in support of their new album, "Yield," which is currently the #1-selling album in the Northwest, according to The Rocket Magazine. They will appear at the Rose Garden Arena (none of this "cozy with the audience" stuff for Vedder) on July 18, along with no opening bands to speak of.

And just in case you were wondering, no, this show is not promoted by Ticketmaster. Fastixx picked up this one. However, this is also a big bad corporation, so please remember when you pick up your tickets, which went on sale last Saturday, to show your support and allegiance to Eddie by sneering a lot when you hand the devil's minion (or "ticket clerk" as he has so conveniently been named) your $187 for "service charges." And enjoy the show.

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